

# A Guide to New London County's Free Emergency Food Programs

Listed agencies are partners of the Gemma E. Moran United Way/Labor Food Bank. For more information, visit [uwsect.org/foodbank](http://uwsect.org/foodbank).

\*\* Indicates an internal program accessible only to individuals participating in the agency's activities.



## Community Meal Sites

Agencies provide hot or prepared meals

### New London

#### Alliance for Living Community Meals (860) 447-0884 x232

154 Broad Street, New London  
Wednesdays Lunch 11:30am-1:30pm

\*\*Internal Program Only—Only New London Residents

#### Engaging Heaven Church (860) 917-9799

66 Union Street, New London  
Second Saturday of each month lunch 12pm-1pm

\*\*Open to Everyone

#### New London Community Meal Center (860) 444-7745

12 Montauk Avenue, New London  
Lunch and Dinner Monday-Friday, 3rd, 4th & 5th Saturday lunch, and Sunday Dinner

\*\*Open to Everyone

#### New London Salvation Army (860) 443-6409

11 Governor Winthrop Boulevard, New London  
Free food is available for people who have had a disruption in family income. There is a limit of once every six weeks.  
Hours: M, W, F by appointment.

\*\*Internal Program Only—Clinton to Pawcatuck (Lower NL County)

#### St. James Episcopal Church (860) 443-4989

76 Federal Street, New London  
First Saturday of the month Lunch 12:00pm-1pm

\*\*Open to Everyone

#### Church of the City of New London (860) 447-0388

First Baptist Church of New London  
268 State Street, New London, CT, 06320  
Saturdays 5pm-6pm

\*\*Open to Everyone

### Norwich

#### Madonna Place (860) 886-6600

240 Main Street, Norwich  
Monday-Friday 9:00am -3:00 pm

\*\*Internal Program Only—Norwich Residents Only

#### Norwich Salvation Army (860) 889-2329

169 Franklin Street, Norwich  
Pantry Tuesday/Wednesday/Thursday 1pm-3pm or by appt.  
Lunch 2nd Sunday of month 2pm

\*Open to Everyone

**Gemma E. Moran**  
United Way/Labor Food Bank

**AFL-CIO**  
COMMUNITY SERVICES



An AFL-CIO Community Services and United Way Partnership

#### St Vincent De Paul Place (860) 889-7374

120 Cliff Street, Norwich  
Breakfast 8am-10am, Lunch 11:30am-1pm Mon thru Saturday  
\*\*Open to Everyone

### Montville

#### Montville Senior/Social Services (860) 848-0422

310 Norwich-New London Turnpike, Montville  
Monday-Friday 8:30am-3pm

\*\*Open to Everyone (Seniors)

### Groton

#### Groton Community Meals (860) 536-4212

Groton Senior Center  
102 Newtown Road, Groton  
Dinner Monday 6pm-7pm

\*\* Open to everyone



## Child Care Programs for Children

Agencies provide snacks and meals for children participating in these programs.

### New London

#### B.P. Learned Mission (860) 442-1798

40 Shaw Street, New London  
Monday-Friday 2pm-6pm  
Summer hours: Monday-Friday 8am-3:30pm

\*\* Internal Snack Program

#### Drop In Learning Center (860) 442-4466

76 Federal Street, New London  
6:30 am-5:30 pm Monday-Friday

\*\* Internal Meal Program

#### Centro de la Comunidad (860) 442-4463

109 Blinman Street, New London  
M: 8:30am-1pm, 5-9pm; T, Th: 9am-2pm

\*\*Internal Snack Program Only—New London Residents Only

#### Child Works Preschool (860) 443-4462 x22

3 Garvin Street, New London  
Monday-Friday 7am-5pm

\*\*Internal Snack Program Only

**FRESH - New London (860) 574-9086**  
76 Federal Street, New London  
Afterschool 3:30pm-6:30pm, Summer 7am-1pm  
**\*\*Internal Program Only**—New London Residents Only

## Norwich

**Madonna Place (860) 886-6600**  
240 Main Street, Norwich  
Monday-Friday 9am-4:30 pm  
**\*\*Internal Program Only**—Norwich Residents Only

## Groton

**Early Childhood Develop Center (860) 449-8217**  
591 Poquonnock Road, Groton  
Monday-Friday 7am-5:30pm  
**\*\*Internal Program Only**—New London and Groton Residents only

**Riverfront Children's Center (860) 445-8151**  
476 Thames Street, Groton  
Monday-Friday 6am-5pm  
**\*\*Internal Program Only**—New London County Residents



## Residential Programs/ Group Homes

Agencies provide meals or groceries  
for residents living in these programs.

## New London

**SCADD Detox New London Site (860) 447-1717 x 224**  
47 Coit Street, New London  
24/7 **\*\*Internal Meal Program Only**

## Norwich

**The Johnson Home, Inc. (860) 887-7185**  
100 Town Street, Norwich  
24/7 **\*\*Internal Meal and Pantry Program Only**

**Penobscot Place (860) 887-6536**  
16 Penobscot Street, Norwich  
Monday-Friday Lunch 11:30am-1:30pm  
**\*\*Internal Program Only**

## Quaker Hill

**Waterford Country School, Inc. (860) 442-9454**  
78 Hunts Brook Road, Quaker Hill  
24/7 **\*\*Internal Program Meal Only**—New London County  
Residents Only



## Shelters

Agencies provide warm meals and/or  
internal pantry to residents living in shelters.

## New London

**Homeless Hospitality Shelter (860) 439-0252**  
325 Huntington Street, New London  
24/7 **\*\*Internal Meal Program Only**—New London County  
Residents

## Norwich

**Martin House (860) 889-6150**  
401 West Thames Street, Building 700, Norwich  
24/7 **\*\*Internal Meal Program Only**

**Michael Kerr's Respite (860) 886-6991**  
401 West Thames Street, Norwich  
24/7 **\*\*Internal Meal Program Only**

## Groton

**Mother's Retreat (860) 405-2107**  
542 Long Hill Road, Groton  
24/7 **\*\*Internal Pantry Program Only**



## Emergency Food Pantries

Agencies distribute free supplemental  
groceries to community members.

## New London/Waterford

**Adventist Community Services of CT (860) 442-7258**  
152 Bloomingdale Road, Waterford  
Call for an appointment  
**\*\*Serving: Open to New London County Residents**

**Town of Waterford (860) 444-5834**  
15 Rope Ferry Road, Waterford  
Monday-Friday 8am-4pm  
**\*\*Serving: Residents of Waterford only**

**NL Housing Authority-202 Colman Street (860) 443-2851**  
202 Colman Street, New London  
Fourth Monday 1pm-2pm  
**\*\*Internal Program Only**—Housing residents only

**NL Housing Authority-Gordon Court (860) 443-2851**  
36 Gordon Court, New London  
Fourth Tuesday 10am-11am  
**\*\*Internal Program Only**—Housing residents only

**NL Housing Authority-Williams Park (860) 443-2851**  
127 Hempstead Street, New London  
Fourth Friday 1pm-2pm  
**\*\*Internal Program Only**—Housing residents only

**NL Housing Authority-Riozzi Court (860) 443-2851**

78 Walden Avenue, New London

Fourth Monday 10am-11am

**\*\*Internal Program Only**—Housing residents only**Beulah Land Church of God in Christ (860) 444-2684**

80 Jefferson Avenue, New London

Wednesdays 5-6 pm, Saturday and Sunday by appt.

**\*\*Open to Everyone****Catholic Charities – NL (860) 443-5328**

28 Huntington Street, New London

Monday-Thursday by appointment only

Serving: New London County Residents

**Alliance for Living (860) 447-0884 ext. 232**

154 Broad Street, New London

Wednesdays 8:30am-4pm

Serving: **Agency members only****Lord's Pantry (860) 443-4989**

76 Federal Street, New London

Tuesdays 10am-12pm

**\*\*Open to Everyone**—New London Residents Only**New London Area Food Pantry (860) 443-6680**

106 Truman Street, New London

Mondays 2pm-4pm; Tuesdays 10am-12pm;

Thursdays 10am-12pm

Serving: New London County Residents

**Jewish Federation Senior and Community Services (860) 444-6333**

28 Channing Street, New London

Monday and Thursday 1pm-2pm; Tuesday and Friday 10am-12pm

Serving: New London County Residents

**New London Salvation Army (860) 443-6409**

11 Governor Winthrop Boulevard, New London

Mondays-Thursdays 9am-12:30pm and 1-3pm; Fridays 9am-12pm

Serving: Residents of Clinton to Pawcatuck (Lower NL County)

**Norwich****St Vincent De Paul Place (860) 889-7374**

120 Cliff Street, Norwich

Distribution weekly on Mondays and Wednesdays 1pm-3pm,

Saturday 9am-11am. No referral needed.

**\*\*Open to Everyone****Catholic Charities – Norwich (860) 889-8346**

331 Main Street, Norwich

Wednesday 1:30pm-3:30pm; Friday 1pm-3:30pm; last Thursday of

the month 4pm-6pm; or by APPT EMERGENCY ONLY

**\*\*Open to Everyone**—Norwich Residents only**Norwich Salvation Army (860) 889-2329**

169 Franklin Street, Norwich

Pantry Tuesday/Wednesday/Thursday 1pm-3pm or by appt.

Lunch 2nd Sunday of month at 2:00 pm

Serving: Norwich, Jewett City, Griswold, Preston Residents Only

**\*\*Open to Everyone**—Norwich and outlying rural areas**Penobscot Place (860) 887-6536**

16 Penobscot Street, Norwich

Monday-Friday 8am-4pm

**\*\*Internal Program Only**—New London County Residents**Norwich Free Academy (860) 425-5643**

305 Broadway, Norwich

Monday-Friday 9am-2pm

**\*\* Internal Students only****El Shaddai Worship Center (860) 816-0718**

175 Hickory Street, Norwich

Friday 11am-1pm, Saturday 10am-1pm,

Sunday 8am, 10:30am

**\*\* Open to everyone****First Haitian Baptist Church (860) 887-6193**

356 Central Avenue, Norwich

Friday 12pm-2pm,

**\*\* Open to everyone****Groton****Bent Crandall (860) 445-1666**

649 Buddington Road, Groton

Monday-Friday 8am-4pm

**\*\*Internal Program Clients Only****Groton Human Services (860) 441-6760**

2 Fort Hill Road, Groton

Monday-Friday 8:30am- 4:30pm by appointment preferred

Serving: Groton Residents Only

**MTC/UAW (860) 445-8619**

18 Pleasant Street, Groton

Thursdays 9:30am-11:30am

**\*\*Open to Everyone****Riverfront Children's Center (860) 445-8151**

476 Thames Street, Groton

Monday-Friday 6am-5pm

**\*\*Internal Program Clients Only**—New London County Residents**Colchester****Colchester Youth and Social Services (860) 537-7235**

127 Norwich Avenue, Colchester

Thursdays 9am-11 am and 1pm-4pm

Emergency bags always available

**\*\* Colchester Residents only****East Lyme/Old Lyme****St. John's Episcopal Community Church (860) 388-1988**

400 Main Street, Niantic

Thursday 5pm-6pm

**\*\*Serving: Chester, Clinton, Deep River, Essex, East Lyme, Old****Lyme, Lyme, Killingworth, Madison, Old Saybrook, and Westbrook.**

**First Congregational Church Old Lyme (860) 388-1988**

2 Ferry Road, Old Lyme

Saturday 9am-11am

\*\* Serving: Chester, Clinton, Deep River, Essex, East Lyme, Old Lyme, Lyme, Killingworth, Madison, Old Saybrook, and Westbrook.

**Montville**

**Montville Senior/Social Services (860) 848-0422**

12 Maple Avenue, Montville

Monday-Friday 8:30am-3pm

Serving: Montville Residents only

**Montville Union Baptist Church (860) 823-8281**

279 Route 163, Montville

2nd and 4th Saturday 9am-11am (Call)

\*\*Open to Everyone-Montville and surrounding towns

**New Life Church (860) 464-9098**

7 John W Luty Drive, Oakdale

2nd and 4th Saturdays 9am-11am

\*\*Open to Everyone

**Lebanon/Preston/Bozrah**

**Neighbors Helping Neighbors (860) 642-4580**

579 Exeter Road, Lebanon

Thursdays 6pm-7pm by Appt

Serving: Lebanon Residents and surrounding towns

**VOUCHER NEEDED FROM TOWN OF LEBANON**

**Preston City Congregational Church (860) 642-4580**

321 Route 164, Preston

Third Wednesday of the month 10am-12pm and 3pm-5pm

Serving: Ledyard, Norwich, Preston, Voluntown, Gales Ferry, Jewett City, Taftville, Yantic, and Griswold

**Town of Bozrah (860) 889-2689**

One River Road, Bozrah

Monday-Wednesday 9am-4pm and Thursdays 9am-6pm

Serving: Bozrah Residents only

**Ledyard/Gales Ferry**

**Outreach for the Unreached Ministry (860) 464-6222**

12 Inchcliffe Drive, Gales Ferry

2nd and 4th Saturdays 9am-11am

Serving: Everyone in need.

**New Life Christian Fellowship Food Pantry (860) 464-9098**

1729 Center Groton Road, Ledyard

2nd and 4th Saturdays 9am-11am

Serving: Everyone in need

**Town of Ledyard Social Service (860) 464-3254**

741 Colonel Ledyard Highway, Ledyard

Monday-Thursday 9:30am-11:30am and 1:30pm-3:30pm

Serving: Ledyard Residents only

**Pawcatuck/Stonington/North Stonington**

**Pawcatuck Neighborhood Center (860) 599-3285**

27 Chase Street, Pawcatuck

Monday-Friday 8:30am- 4pm

\*\*Open to Everyone- Stonington, North Stonington, Westerly and surrounding towns

**Weekend Backpack Food Program for Children (860) 599-3285 ext. 23**

27 Chase Street, Pawcatuck

Friday only 8:30am- 4pm

Open to all children in Stonington, North Stonington and Westerly School Systems who are on the Free Reduced Lunch Program.

**Baltic/Jewett City**

**Sisters of Charity (860) 822-8241**

54 West Main Street, Baltic

Monday-Friday 3pm-4pm

\*\*Baltic Residents only

**Saint Mary's Church Food Pantry (860) 376-2044**

34 North Main Street, Jewett City

2nd and 4th Tuesdays of the month 10am-11am and 3pm-4pm

Serving: Residents of Griswold, Jewett City, Lisbon, Canterbury and Voluntown only—**needs TVCCA referral.**

**Sprague Community Center (860) 822-6595**

22 West Main Street, Baltic

Fridays from 2pm-3pm

\*\* Open to everyone

**Gemma E. Moran**

United Way/Labor Food Bank



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**Gemma E. Moran United Way/Labor Food Bank**

374 Broad Street, New London, CT 06230

(860) 444-8050

Visit us online at [uwsect.org/foodbank](http://uwsect.org/foodbank)

Find a listing of Mobile Food Pantry distribution sites and times at <http://www.uwsect.org/foodbank/mobile-pantry-distributions>